

Impact-Tardive Dyskinesia (Impact-TD) Scale

A Clinical Tool to Assess the Impact of Tardive Dyskinesia

Instructions: For each of the 4 domains below, please consider information derived from the patient, caregiver, and your observations, then estimate the level of impact associated with movements due to tardive dyskinesia (TD). For multiple inferences within a domain, the domain score should reflect the highest degree of impact on functioning. Although impact in each domain should be considered, the highest impact in any domain should be considered the single global score.

What is the impact of TD on a patient's life?

Consider the degree of **interference, distress, and/or frequency** for each domain below.

0 No impact	1 Mild Impact is present, but minimal	3 Moderate Exceeds minimal impact, but is not severe	3 Severe Significant and detrimental impact
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	Problems may include	Overall impact
Psychological/ Psychiatric	<ul style="list-style-type: none"> Feelings of sadness, depression Feelings of anxiety, worry, concern Feelings of low self-esteem Feelings of hopelessness, loss of sense of purpose Poor concentration, attention, memory Worsening or recurrence of previous symptoms/disorder (eg, depressed mood, anxiety, psychosis, aggression) Difficulty with appropriate treatment of mental disorder (eg, reduced adherence with medication regimens, discontinuation of treatment) Unhealthy coping strategies (eg, substance use/abuse) 	
Social	<ul style="list-style-type: none"> Difficulty participating in events with family and others (eg, holiday gatherings, religious institution attendance) Self-consciousness/embarrassment about movements or being seen/asked about by others (ie, stigma, rejection) Avoidance of interaction with others (eg, declines invitations, avoids leaving home, isolation) Reduced quality of interpersonal communication (eg, distraction from conversation, problems interpreting body language) 	
Physical	<ul style="list-style-type: none"> Difficulty using utensils, writing, typing, dressing Difficulty speaking, chewing, or swallowing Difficulty walking or maintaining balance (eg, stumbling, need for assistive device) Problems breathing (eg, shortness of breath, gasping for air) Pain due to TD (eg, biting inside of mouth, teeth clenching) Difficulty sitting still/falling asleep 	
Vocational/ Educational/ Recreational	<ul style="list-style-type: none"> Problems gaining or maintaining employment Problems with recreational or vocational/educational performance (eg, poor concentration, trouble communicating, physical limitations) Challenges getting to work/school or other activities Difficulty with colleague/classmate/customer interactions Difficulty performing tasks independently 	
Global Impact-TD Score (based on highest single score for any domain)		



Please refer to the published paper (Jackson R, et al. *J Clin Psychiatry*. 2023;84:22cs14563) for a detailed description of the development and implementation of the Impact-TD scale.